



DEMENTIA CARERS COUNT

Supporting Family Carers

We believe that Dementia Carers Count.

Our charity supports family, friends and partners looking after someone with dementia. Whether you are a carer yourself, you know someone who is or you simply want to support our charity please read this leaflet to find out more about what we do.



www.dementiacarers.org.uk

Our services

Do you have a family member or friend living with dementia? Do you need more support and knowledge to help you? Would you like to meet and connect with other family carers like you? Our courses have been attended by husbands, wives, partners, daughters, sons, daughters-in-law and grandchildren from 18-80 years from across the UK.



I came home rejuvenated, with my brain fizzing with ideas for improving communication, taking care of myself, improving resilience. I now understand my husband's behaviour and needs much better and also my reactions to it.

Kathy Gill, Family Carer

All of our services are delivered by qualified professionals such as occupational therapists, clinical psychologists and speech and language therapists. If you'd like to better understand your friend or family member, discuss the challenges you're facing and learn about your own wellbeing, we could have just what you need.



Our expert-led residential courses for family dementia carers run throughout the year and are designed with carers' needs in mind. Alongside our core Dementia Carer Support Course, we are continually developing themed courses – for example, for friends and family of people with young onset dementia or of those who have moved into a care home – to support a wide range of carers in different situations.

For information on the latest service locations and topics please visit dementiacarers.org.uk/our-courses, or contact us directly:

Mobile: 0790 909 0987
Tel: 020 3096 7895
Email: support@dementiacarers.org.uk



The course did me so much good - I am still feeling calm and relaxed ... this is probably the best I've felt in years. It's funny how a few days can be so transformative.

Sarah Churchill, Family Carer



Our Centre

Our services are delivered from several venues around Birmingham and the West of England, but our future Dementia Carers Centre is at the heart of our vision.

The Centre will be a place where everyone will understand and empathise with what carers are going through; where they can drop their shoulders and relax whilst learning and re-charging their batteries. We'll start with one flagship centre and plan to develop more regional centres over the next ten years.

We're fundraising to make sure that our Dementia Carers Centre has the best possible facilities and resources for carers. If you are able to help in any way, please get in touch at fundraising@dementiacarers.org.uk.

Our research

We're creating a specialist research unit that will investigate carers' needs, experiences and desired outcomes. In partnership with the Association for Dementia Studies, University of Worcester, we've created the UK's first specialist DCC Professor of Family Care in Dementia. We'll use the evidence from our research unit to support campaigns to influence policy and raise public awareness about dementia carers.

For professionals

If you are an individual or an organisation working with family carers of people with dementia, we'd be delighted to discuss our work with you in more detail, so that you can signpost people to us. Together we can support family carers to give them the confidence they need to care for the person that really needs them.

For employers

If you want to ensure that you're doing the best you can for those in your workforce who care for someone with dementia, we can assist you. We will be happy to advise on how you could help your employees to attend our courses.



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As a charity we do not make a profit. We don't charge a fee for our courses, but to make our services sustainable and reach as many carers as possible we ask carers to 'pay it forward' so that they offer a hand of support to the next carer. We invite each carer to pay what they can afford, either as a one-off or monthly payment.

Our courses have helped family carers of people living with various types of dementia, including Alzheimers, Vascular and Mixed dementias as well as the other rarer forms such as Posterior Cortical Atrophy, Lewy Body and Fronto-Temporal dementias. Our courses also support carers of family members who are awaiting a formal diagnosis.

To find out more about our courses and our Centre, or to order copies of this leaflet, please contact our team:

🏠 www.dementiacarers.org.uk

☎ Direct Line: 0790 909 0987

☎ Head Office: 020 3096 7895

✉ support@dementiacarers.org.uk

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🐦 @DemCarersCount

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Dementia Carers Count is the working name for The Royal Surgical Aid Society, registered charity in England and Wales: 216613