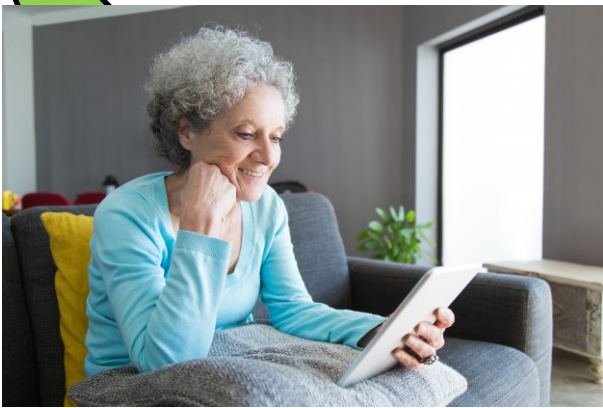




If you are a carer
for someone experiencing memory problems
or dementia join us for our

Dementia Support Zoom Group

**Every Tuesday or Thursday
11am - 12pm**



- A space to share and listen
- Get information and support
- Free for unpaid carers who live in Birmingham

Book your free place at -
<https://dementia-support-groups.eventbrite.co.uk>
Or for more information call 0121 803 1065

www.sandwellcrossroads.org



/Crossroads Caring for Carers